

## Celebrity Buzz

Hayden doesn't need school  
pg 18



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# metro



EDMONTON • THURSDAY, SEPTEMBER 24, 2009

metronews.ca

## Victim clings to life after hit and run

**CRIME** A 36-year-old woman was left fighting for her life Tuesday night after she was hit by a car that quickly fled the scene.

The woman was attempting to cross the road against the wait light at the crosswalk of 122 Street and Royal Road around 8 p.m. when she was struck by a northbound car.

A witness ran to her aid. She was treated by paramedics and rushed to the University of Alberta Hospital suffering severe injuries. She was in critical condition yesterday.

Police located the suspect vehicle, a light blue Mitsubishi Eclipse, in the area of 124 Street and 103 Avenue shortly after the accident.

Police are seeking witnesses and are asking anyone who was in the area at the time of the crash to call Crime Stoppers. **VICTORIA HANDSIDES/**

METRO EDMONTON

## News on the Move

### What's this barcode for?

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## Comment pg 8

On using tech to flirt

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**campus chaos**  
**INVADES**  
FRIDAY, SEPTEMBER 25  
**campuschaos.ca**

## Metro reader

CANDICE WARD FOR METRO EDMONTON



Edmonton Eskimos quarterback Ricky Ray enjoys his copy of Metro following practice yesterday. Metro has taken root in Edmonton, gaining popularity with readers. Story, page 3.

## Texting won't hurt spelling: Report

**LANGUAGE** A new study suggests teens who crumble the English language into bite-sized chunks while sending instant messages aren't losing the ability to spell.

Parents and teachers have long worried that teens who type phrases like LOL and substitute the letter u

for you will eventually forget how to write a proper sentence. But new research from the University of Alberta suggests that kids who are good spellers remain good spellers whether texting or writing words out in full.

Those who have trouble spelling normal English

words also tend to mess up in text messaging.

Author Connie Varnhagen says researchers looked at the way students between the ages of 12 and 17 communicated over instant messaging and then gave them a traditional spelling tests.

THE CANADIAN PRESS

# Feeling the heat

Record-breaking weather hits city

**CARMEN WALL**  
for Metro Edmonton

**"I'm going to use every minute to enjoy it."**

Lisa Workun

**It was a record-breaking scorch of a day in Edmonton yesterday.**

Environment Canada reported a high of 33 C at Edmonton City Centre Airport at 3 p.m. The previous record for Sept. 23 was set in 1950 with a high of 30 C. Average temperatures for this time of year are highs of 16 C and lows of 1 C.

Meteorologist Bill McMurtry said that while it isn't unusual to see hot days in September, it's quite rare to have such a consistent pattern of warm weather.

"It's on pace to be the warmest September yet," he said.

But global warming and El Nino aren't to blame — or thank — for this extension of summer.

"We can't tie it to long-term trends," said McMurtry.

He said the summer-like

weather is associated with an upper ridge of high pressure hovering over the province. This ridge typically hangs over Arizona and southern California, but jet streams have pushed it up through the Yukon.

"I love this weather, I love the heat and it's going to be snowing in the next month," said Lisa Workun, who was tanning and reading in Hawrelak Park yesterday. "I'm going to use every minute to enjoy it."

McMurtry said yesterday was probably the warmest day we'll have for the rest of the year. A cold front is expected to swoop in Friday and Saturday, bringing temperatures in the low teens for the weekend and a frost warning for Monday morning.



Lindsay Brademann takes full advantage of the above-average temperatures yesterday with a game of frisbee at Hawrelak Park.

CANDICE WARD FOR METRO EDMONTON

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# Local



## Edmonton Tweets

- [@EtownMtnBA](#) Take A Kid Mountain Biking Day - Edmonton Ride - Oct 3 @ 10 am - Terwillegar Park!
- [@edmfilmfest](#) Shannon Walsh, director of 'H2Oil' will be at a FREE panel discussion at the UofA (Telus Rm 150) 6:30pm on Thurs, Oct 1st!
- [@lovetmax](#) It's Fashion Week here in Edmonton #yeg - great sample sale this weekend for all those fashionistas
- Find out what we're up to! Follow us at [@metroedmonton](#)

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WHAT'S ONLINE TODAY

**Video** Canadian officials scrap mock battle scenes in promoting the Afghan mission on Capitol Hill, at [metronews.ca/world](#)

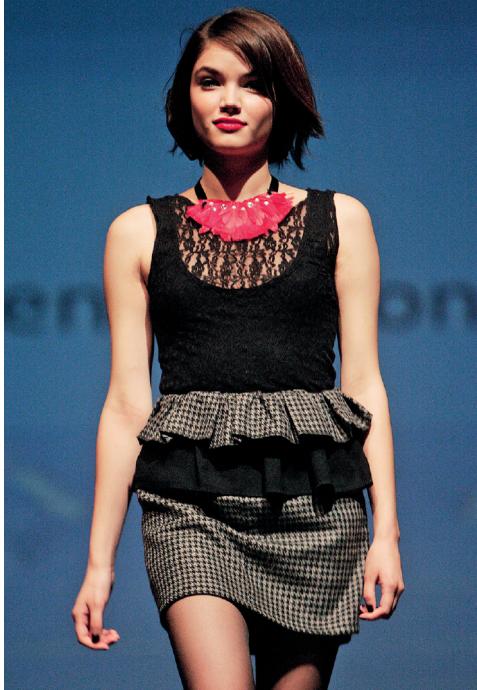
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## Fashion Week **Storming the Barns**



JAMES MACLENNAN FOR METRO EDMONTON

A model walks the runway as she displays some of the latest creations of fashion designer Lauren McDonald during Edmonton Fashion Week at the Transalta Arts Barns yesterday.

### News in brief

**MUGGING** Police are searching for suspects after a trio of teens were allegedly swarmed in Mill Woods Tuesday night. The three boys, two on bikes and one on foot, were heading east down Silverberry Road near 34 Street around 7 p.m. when they were approached by a bout a half-dozen teens, who demanded the boys give up their valuables. The boys on

bikes fled the scene, though the boy on foot was allegedly grabbed, sprayed with bear mace and stabbed in the abdomen before he was able to escape. The suspects are described as six or seven teenage boys, all Caucasian except one, believed to be Asian. The victim suffered non-life-threatening injuries in the attack.

METRO EDMONTON

27% Metro Edmonton's weekly

readership has increased 20 per cent in the last year.

readers and a six per cent increase in weekly ones from the 2008 survey.

The Metro brand has solidified its leadership position from coast to coast," said Bill McDonald, group publisher for Metro English Canada.

"Readers and advertisers

**"It's a very bad idea to accept rides from strangers."**

Patricia Thenu, EPS spokeswoman

bucket seats and a metallic diamond-shaped cover on the back window.

Police won't say where the victims were picked up, only that the locations were very close in proximity.

Authorities won't confirm whether either of the victims are sex trade workers, EPS spokeswoman Patricia Thenu said.

"No matter what your occupation is, it's a very bad idea to accept rides from strangers," she said.

## Serial attacker may be behind assaults: Police

m.metronews.ca



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Police believe a serial attacker prowled the downtown area for female victims, after two eerily similar assaults were reported.

A 33-year-old woman was standing outside a downtown bar Saturday night and accepted a ride from a man in a light blue truck.

She was taken to a southeast industrial area where she was attacked, but escaped relatively unharmed.

The attack bears similarities to an incident on Aug. 8, when a 30-year-old woman was offered a ride, taken to a southeast industrial area and sexually as-

ualled.

The suspect is described

as a Caucasian male, five-foot-nine, 150 pounds, with an average build, balding wavy light brown hair in a mullet, with a moustache and grey eyes.

He was wearing oval-shaped glasses, a baseball cap, a green t-shirt and blue jeans.

The older-model flatbed truck, possibly a Dodge or Ford, has a dirty grey interior, manual transmission,

## Numbers show Metro still No. 1 free daily

**NADBANK** The numbers are in, and we're still No. 1.

According to the latest Newspaper Audience Database (NADbank) results released yesterday, Metro Canada has reinforced its position as the most-read free daily in the country.

Metro Canada now reaches 1,180,000 readers every weekday and 2,552,200 weekly readers coast to coast in Halifax, Montreal, Ottawa, Toronto, Calgary, Edmonton and Vancouver.

That's more than a six per cent boost in daily

alike turn to Metro first every day for information, ideas and inspiration."

The NADbank results released yesterday reflect last fall to this past June.

Metro Alberta publisher Steve Shrout said Metro Edmonton's surge for five-day readership over last year reflect the increasing popularity the paper is enjoying in the market.

"We're pleased at showing Metro Edmonton has increased weekly readership 27 per cent in the last year," Shrout said.

METRO EDMONTON

WIN A TRIP TO MODEL IN HAWAII & LAS VEGAS

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It's been known to snap hydro poles, swallow buildings and smother forests. Now a plant described as the vegetable form of cancer has invaded Canada. Kudzu has spread north across the border into southern Ontario. Scientists believe warmer temperatures have stretched the vine's range to Canadian soil from the United States. **THE CANADIAN PRESS**

# Canada



## Shake off the salt, says study

Canadian food processors and restaurant chains could cut out a lot more salt and help save lives without adversely affecting the quality, shelf life or texture of their ketchup, French fries, soups and sauces, says a leading health advocacy group. Citing new research that shows salt levels vary widely among similar products, a study by the Centre for Science in the Public Interest, released today, challenges the food industry's argument that high levels of salt are needed to preserve product integrity.

TORSTAR NEWS SERVICE

### News in brief

**TERRORISM** A Toronto man admitted Wednesday to procuring weapons, arranging false travel documents and trying to recruit extremists for a domestic terrorist group that planned bloody attacks on Canadian targets.

**TRADE** Blame the seal hunt if you find out you're wearing Fluffy or Rover. The federal government won't ban imports of cat and dog fur because doing so might undermine Canada's support for the seal hunt, a newly released document shows.

**THE CANADIAN PRESS**  
**CORRUPTION** An internal election to replace the head of Quebec's most powerful construction union was manipulated with the assistance of the Hells Angels group, according to an investigative report by CBC's French-language service, CBC News Online reports.

METRO NEWS SERVICES

### Quebec Tearful speech



Former hostage Ingrid Betancourt bursts in tears during a speech to members of the Quebec legislature after she received the medal of the National Assembly yesterday in Quebec City. Betancourt was held for almost seven years in Colombia.

ALAIN BOISSETTE/THE CANADIAN PRESS

## Canada boycotts Iran leader's speech

PM calls Ahmadinejad's remarks 'disgraceful'

**Canada protested Iranian President Mahmoud Ahmadinejad's "disgraceful, insulting" declarations by boycotting his speech to the UN General Assembly, Prime Minister Stephen Harper said.**

"There is no way I am going to permit any official of the government of Canada to be present and give any legitimacy to remarks by a leader like that," Harper said in Oakville, Ont.

He said Canada believes Ahmadinejad's abuse of human rights, detention of innocent people and "disgraceful, insulting" declarations about Israel and

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the Holocaust should be protested.

"President Ahmadinejad has said things, particularly about the state of Israel, the Jewish people and the Holocaust, that are absolutely repugnant," Harper said.

"It is unfitting that somebody like that would

be giving those kinds of remarks before the United Nations General Assembly ... There are times when things are being said in this world that it is important that countries that have a moral compass stand up, make their views known and our absence there will speak volumes about how Canada feels about the declarations of President Ahmadinejad."

Harper has not addressed the UN General Assembly in three years, even though Canada is seeking a Security Council seat and he has made his displeasure with the institution known.

**THE CANADIAN PRESS**

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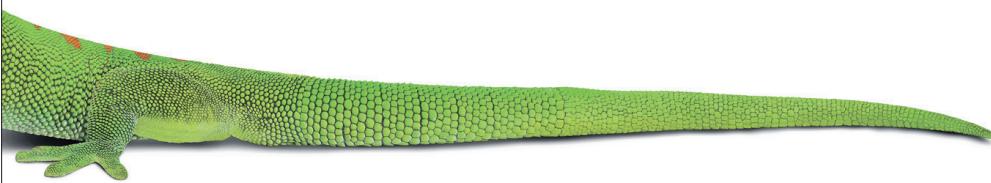
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## Woman worried over Taser victim

**INQUIRY** A woman concerned about Robert Dziekanski a few hours before he was shocked by an RCMP Taser and died says an immigration officer at Vancouver's airport deflected her concerns about the man.

Gracie Churchill-Browne told a public inquiry he looked "tired and frustrated," but the officer told her: "He's a big boy."

THE CANADIAN PRESS

## Olympics Testing the torch



Gordon Peterson passes the Olympic torch to another torchbearer during an Olympic relay test in Chilliwack, B.C. yesterday. The torch arrives in Victoria, B.C., on Oct. 30.

## Turbine in Fundy fuss

**It looks like a giant jet engine sitting on a tripod about half the length of a football field.**

It's a tidal power turbine that will be laid on the sea floor of the Bay of Fundy — and already it's submerged in controversy.

Critics say the 10-metre turbine and others like it will threaten marine life.

The maker dismissed those concerns yesterday.

**"This is at the forefront of tidal energy in the world."**

James Ives

James Ives, CEO of the Irish firm OpenHydro, said a barge will carry the turbine into the Minas passage by late October or early November.

Once in place just off

Parrsboro, N.S., the turbine's 16 blades will begin whirling underwater, powered by the strong tides.

Nova Scotia Power CEO Rob Bennett said his firm foresees tidal power providing 10 per cent of Nova Scotia's energy generation.

"We would envision 200 to 300 units like this strategically placed around the Bay of Fundy," he said.

THE CANADIAN PRESS

## THE WAY WE LIVE EDMONTON'S PEOPLE PLAN

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The Way We Live: Edmonton's People Plan will advance and support the goal of improving Edmonton's livability.

Join the conversation!



TRANSFORMING EDMONTON  
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## Hidden menace in seasonal flu shot?

### Flu Outbreak

**RISKS** Unpublished Canadian studies are raising concerns about whether it's a good idea to get a seasonal flu shot.

Four or five studies, covering around 2,000 people, are said to suggest that people who got flu shots last fall were more likely to become infected with the H1N1 influenza virus (also known as swine flu).

The CBC, which broke the story, says the study

shows people who got seasonal flu shots had double the risk of catching pandemic flu.

The studies' findings are said to be contributing to calls for a delay or cancellation of this year's seasonal flu vaccination program.

THE CANADIAN PRESS

### No forced vaccination: McGuinty

**ONTARIO** Ontario won't force health-care workers or anyone else to be vaccinated against the H1N1 flu virus.

Premier Dalton McGuinty says he'll rely on the expert advice of Ontario's chief medical officer of health, when it comes to

vaccinations.

McGuinty says the government can't "hold anybody down and inject them with a vaccine when they don't want it." He added he's "very confident" Ontario has enough medication.

THE CANADIAN PRESS

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**Dugard case gives mother hope**

The discovery of American Jaycee Dugard, who was found recently 18 years after being kidnapped, brings new hope, the mother of Madeleine McCann said yesterday. **THE ASSOCIATED PRESS**

# World

## Obama: Time for a new global direction

**In a blunt challenge to his nation's critics, U.S. President Barack Obama yesterday exhorted world leaders who once accused the United States of acting alone to now join with him in solving global crises rather than wait for America to do it on its own.**

In his first address to the UN General Assembly, Obama sought to set a new tone in U.S. relations, moving away from the unilateralism of his predecessor, George W. Bush. He couched conciliatory words about a "new era of engagement" with a summons for other nations to shoulder more of the burden.

"Those who used to chastise America for acting alone in the world cannot now stand by and wait for America to solve the world's problems alone," Obama said.

Obama said past policies and a perception of unilateralism by the United States

had fed "an almost reflexive anti-Americanism" that too often was used as an excuse for inaction.

"The time has come for the world to move in a new direction," Obama said before a UN chamber packed with more than 100 of his global counterparts.

While Obama continues to be popular around the world, he has struggled with many international issues, including the war in Afghanistan, negotiating peace between Israelis and Palestinians and winning passage of climate change legislation ahead of a global conference in December.

The speech comes one day before Obama hosts a two-day meeting of the world's major economies in Pittsburgh, where he is likely to encounter

### Gadhafi rips UN

- In his first United Nations appearance, Libyan leader Moammar Gadhafi issued a slashing attack on the UN Security Council and chastised the world body yesterday for failing to intervene or prevent some 65 wars since the UN was founded in 1945.

resistance to his proposals aimed at correcting global imbalances that many believe contributed to the worldwide recession.

At the UN, Obama received applause when he entered the room. Iranian President Mahmoud Ahmadinejad did not join in the applause.

THE ASSOCIATED PRESS



### Suspected serial killer charged

**LOS ANGELES** A man already accused of killing two women and suspected in the deaths of as many as 30 more was charged yesterday with raping and murdering five other victims. John Floyd Thomas, 73, was charged with killing the women between 1975 and 1986. Thomas will stand trial for all seven deaths simultaneously. He was initially charged April 2 with two counts of murder after a match from a DNA sample implicated him in the sexual assault and death of a retired school administrator and another woman in the 1970s. LAPD detectives believe Thomas may be responsible for killing as many as 30 women. **THE ASSOCIATED PRESS**

## Dog fighting ring uncovered at day care

**CHICAGO** Blood spattered the garage of a home day care that was also the base of an alleged dog fighting ring, authorities said yesterday, describing battered and malnourished dogs and the devices used to train them found not far from where children played.

Police said four people were arrested, and felony dogfighting charges are pending against several of them, including the day care operator's husband. Nine battered dogs —four of which were puppies— were rescued, police said.

"The dogs were in horrific condition," Cook County

Sheriff Tom Dart said at the Animal Welfare League in suburban Chicago Ridge, where several of the dogs were undergoing surgery and rehabilitation. "This is as bad as we've seen."

Dart said approximately 10 children were found in the day care during the raid Tuesday, but they were not in the immediate vicinity of the dogs.

Linda Estrada, president of the Animal Welfare League, said the dogs were being evaluated.

"We're going to fatten them up, give them love and care," she said. "Then they will go up for adoption."

THE ASSOCIATED PRESS

### News in brief

**SWEDEN** Robbers used a helicopter yesterday in a spectacular raid of a cash depot in Stockholm, breaking into the building through the roof and flying off

with bags of cash, police and witnesses said. The predawn heist stunned police in the Swedish capital, who were unable to deploy their own

helicopters to the scene because of suspected explosives placed at their hangar. Police later found the abandoned helicopter.

THE ASSOCIATED PRESS

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# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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## Comment

## Clicking with textual innuendo

## Relating

Sofi  
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metronews.ca/papamarko

Im: I had the naughtiest dream about you last night!

Her: I dreamt about ponies!

His: I guess we both got what we wanted! ;)

Technology has made so many aspects of our lives infinitely simpler.

Count flirting among them.

As mobile technologies and social networking become increasingly prevalent, people have embarked on this Brave New World of communication by totally hitting on their friends (and the friends of friends).

Ever leave a flirtatious Facebook photo comment, "poke" a crush or fire off a suggestive 3 a.m. text after ingesting enough Jägermeister to cripple a small yak?

You're not alone. A report by the Pew Internet and American Life Project sug-

gests 22 per cent of Facebook and MySpace users are flirting up a storm.

So why is flirting-via-technology so enticing?

"People have become extremely reliant on technology and gadgets today," says radio talk show host and flirting expert Susan McCord of beavertalk.com. "I think it's basically due to accessibility and laziness ... it's easier to just send (a text or email) than to have a long, drawn-out phone conversation."

Sociology professor and relationships expert Dr. Pepper Schwartz of the Univer-

## On the web

For more views on relating, go to Love Bytes at metronews.ca/blogs

sity of Washington in Seattle offers another theory:

"Low exposure and vulnerability," Schwartz explains. "(Flirting by way of technology) is a quick way to 'test the waters.' If someone doesn't respond, it's not as awkward as it would be face-to-face."

So we're all a bunch of yellow-bellied cowards. Basically.

Flirting via text and social

media tools provides a safety barrier in case of rejection. We're able to explore and escalate the desires of others in a detached fashion, making it a less personal way to get personal. ("I like you as a friend" stings far less when delivered in pixels.)

Hot, hot text can also be useful for pre-existing couples. It stokes the fires of long-distance or long-term relationships and serves as an extended form of foreplay.

"We often flirt-text when we're both out for the evening," says Jackie, a

young professional who lives in Toronto. "While he's out with the boys, I want him to be thinking of me, and not the short-skirted girl one table over."

Textual innuendo is just a way of letting someone know that you're looking forward to the next time you'll be in the same physical space as them ... or a casual way to attempt to infiltrate someone's physical space in the first place.

(Poke.)

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

## Views

## 'Birthday greetings' for Saudi Arabia

## GlobalView

Mona  
Eltahawy

metronews.ca/globalview

Saudi Arabia has just turned 79. Relatively young, but old enough to know that it is morally disgraceful to treat women like children.

The country that sits on the world's largest oil reserves is the only one that denies half its population the right to drive. Saudi

women cannot vote, cannot drive, cannot be treated in a hospital or travel without the written permission of a male guardian, cannot study the same things men do and are barred from certain professions.

To mark her country's birthday, Saudi women's rights activist Wajeha al-Huwaider wants you to write to women in your government and urge them to pressure the Saudi government to end the system of male guardianship of women in Saudi Arabia. Consider it a campaign to finally let Saudi women grow up.

She asks that you also write letters, via Saudi embassies, addressed to Saudi King Abdullah — who many Saudis believe is a reformer but whose hands are tied by conservative members of the royal family and clerics.

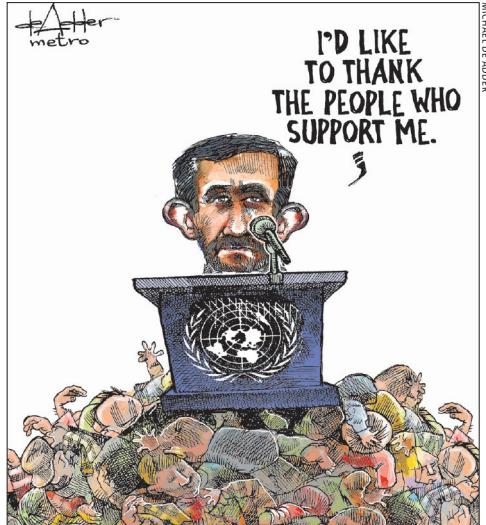
The guardianship system basically puts a male relative in charge of women's lives. Imagine the humiliation of an adult woman needing the permission of a man — at times much younger than her — to do the most basic of things, such as being admitted into a hospital. Almost 60 per cent of university students in Saudi Arabia

are women — so it's not a question of capability.

Just look at Saudi Arabia's neighbours to see that its outrageous treatment of women has nothing to do with Islam but more with its own customs. And listen to Wajeha al-Huwaider to understand that there are Saudi women courageously fighting for their rights and who deserve our support.

Send those "birthday cards!"

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.



Tell us your views by email to [edmontonletters@metronews.ca](mailto:edmontonletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metroedmonton  
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*breakfast starts at 5am*



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**U.S. bank slowing recovery program**

With the economy on the mend, the U.S. central bank said yesterday it is slowing the pace of a program to lower mortgage rates and prop up the U.S. housing market. **THE CANADIAN PRESS**

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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## Poor divide widens

Low-income families face social exclusion: Report

**The poorest Canadians are struggling to pay for life's necessities, forcing them to do without such everyday basics as eyeglasses, dental care and furniture — and the recession has only made their plight worse, says a major think-tank.**

In a study released today, the Canadian Centre for Policy Alternatives paints a disturbing picture of how the poor are unable to afford many of the goods and services most Canadians consider "reasonable for normal living" in modern society.

Entitled The Affordability

[m.metronews.ca](http://m.metronews.ca)



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**Gap:** Spending Differences Between Canada's Rich and Poor, the report argues that widening divide also means low-income Canadians face a greater risk of "social exclusion."

Forget cellphones, personal computers or high-speed

Internet. Basic recreational activities are out of reach for most, making the poor less likely to splurge. Their children often go without sports equipment, the report said.

"The poorest 20 per cent of Canadian households live in worlds far removed from the richest 20 per cent," said Steve Kerstetter, the study's author and a research associate at the centre.

Average spending for the poorest households totalled \$22,339 in 2007, while the richest 20 per cent spent about \$143,361.

**TORSTAR NEWS SERVICE**

### Business in brief

**AUTO** Record low North American vehicle inventories, particularly for popular Canadian-made cars, will boost production through the end of 2009 and well into 2010, according

to Scotia Economics. Auto industry analyst Carlos Gomes said strong U.S. vehicles sales in August, boosted by the government's "Cash for Clunkers" program, have

left inventories at a record-low 30 days' supply. In response, automakers are ramping up production, which had been cut back dramatically as sales slumped. **THE CANADIAN PRESS**

Harper says Tory policy helped repatriate Tim's

**BUSINESS** To hear Prime Minister Stephen Harper tell it, his financial policies helped repatriate the Timbit.

Harper met with Tim Hortons executives today after shareholders of the multinational coffee chain voted to reorganize as a Canadian public company.

Parent company Tim Hortons Inc. announced in June it intended to shift its corporate ownership back north of the border, saying it would save on taxes and make international expansion easier.

Following his meeting just west of Toronto in Oakville, Ont., Harper championed his tax policies, saying lower taxes are attracting business to Canada. **THE CANADIAN PRESS**

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#### Dr. Guy Girtel

"Dr. Girtel is the best dentist I've ever been to. Caring and gentle"

#### Jody Varughese

"Dr. Varughese is caring and very friendly."

#### Boris Kindrachuk

"Nice, informative, gentle"

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Peter Forsberg is set to play for his hometown team Modo in the Swedish Elite League starting today in yet another comeback attempt. Modo has given the 36-year-old a one-week tryout contract. Forsberg can play with Modo until the NHL season begins Oct. 2 without jeopardizing a possible NHL comeback. **THE ASSOCIATED PRESS**

# Sports



EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Former Titans receiver files lawsuit against club over alleged hidden injury

**FOOTBALL** Former Tennessee Titans receiver David Givens claims the team failed to tell him about a defect in his knee that led to an injury and eventually ended his career.

Givens claims in a lawsuit filed Tuesday a doctor discovered a defect in his

**THE ASSOCIATED PRESS**

knee in 2006. He adds the doctor told team officials he "may not be able to make a full 16-game season," according to the suit. Givens says he was kept in the dark about his condition and urged to keep playing by team officials.

**THE ASSOCIATED PRESS**

## Sports in brief

**RETIREMENT** Veteran goaltender Olaf Kolzig is retiring after 14 seasons in the NHL. The 39-year-old former Vezina Trophy winner — known as "Olie The Goalie" — spent most of his career with the Washington Capitals. His 303 career wins rank 21st in the NHL.

**EAGLES** Donovan McNabb did not practice yesterday because of a broken rib. Kevin Kolb would make his second

straight start if McNabb can't play against Kansas City this week. **THE ASSOCIATED PRESS**



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# Flames beat up Oilers

## NHL RESULT

Calgary 5 Edmonton 3



Curtis Glencross scored twice as the Calgary Flames defeated the rival Edmonton Oilers 5-3 in NHL exhibition action last night.

Jarome Iginla, Jason Jaffray and Fredrik Sjostrom also scored for the Flames, who improved to 3-2-1 in pre-season play.

Theo Fleury had one assist for Calgary as he tries to land a spot on his old team after a six-year absence from the NHL.

Dustin Penner, J.F. Jacques and Mike Comrie responded for the Oilers, who have lost three in a



Calgary Mark Giordano, left, knocks Edmonton's Gilbert Brule last night in Edmonton.

row to drop to 3-3 in exhibition play.

Calgary got off to a quick start, opening the scoring

just 1:34 into the first period. Edmonton starting netminder Nikolai Khabibulin lost the handle trying to

stop a puck behind the net and Glencross fished it out and fired it into the empty net. **THE CANADIAN PRESS**

## Canada wins big at FIBA Americas

**BASKETBALL** Jordan Adams led a balanced attack with 16 points as Canada routed the Dominican Republic 103-37 in the opening game for both teams at the women's FIBA Americas basketball tournament yesterday.

The Canadians dominated from the outset, breaking out to a 55-20 halftime lead and cruising from there. Adams finished 6-of-7 from the field as Canada shot 61 per cent from two-point range, and 46 per cent from beyond the arc.

Chelsea Aubry of Kitchener, Ont., had 14 points, and Janelle Bekkering of Taber, Alta., added 12. **THE CANADIAN PRESS**

## Balsillie changes bid again as Coyotes hearing continues

**PHOENIX** Canadian billionaire Jim Balsillie has pledged to keep the Phoenix Coyotes in Glendale this season if he wins an auction for the financially troubled club.

The revised offer came during an emergency hearing yesterday before bankruptcy Judge Redfield T. Baum, who called Balsillie's proposal "a fairly significant change."

Balsillie does, however, still plan to move the team to Hamilton as part of his \$242.5-million US bid.

Balsillie's revised bid appeared to be a last-ditch effort to win over the city of Glendale, which sides with

the NHL in the long-running courtroom battle.

The only other bid has come from the NHL, which has offered \$140 million.

The league would try to resell the team to a local buyer but, failing that, would explore relocation.

Baum gave no indication when he might rule on whether to award the team to the NHL or to Balsillie. He also could reject both bids.

Balsillie originally offered Glendale \$50 million. In an amended bid filed yesterday, Balsillie offered to give Glendale \$25 million up front and the rest of the money when the team leaves. **THE ASSOCIATED PRESS**

## Car Insurance Roadblock

**Consumers concerned insurers don't want drivers with tickets or accidents**

### Worried Your Spotted Driving Record Means You've Got Nowhere To Turn For Car Insurance?

Don't be. While it's true that, all things being equal, your tickets and accidents make you a more expensive risk to insure than a similar car and driver with a clean driving record, that doesn't mean you should have trouble finding insurance — assuming you know where to look. Different insurance companies target different types of business and this is reflected in things like their claims service, marketing efforts, discounts, and most importantly for you, their rates.

### Should I Just Accept That I'll Have To Pay A Bundle?

No. Sadly, this is a mistake many drivers make and it can be a costly one, especially if they don't bother to shop around for the lowest rate available. The key to finding the best rate, especially if you have tickets or accidents on your driving record, is to figure out which insurance company of the more than 20 in Alberta has the best rate for your particular situation. And with rates varying so wildly across companies, chances are you are not with the company that has the lowest rate for your profile right now.

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# Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

## Carefree living at Creekside Village

**Qualico is proud to present the Fir at Creekside Village in Sherwood Park.**

The open and functional main floor is accessible through either the spacious foyer or double attached garage of this 1,300-square-foot space. The kitchen, complete with six new upgraded appliances, generous cabinet space, and plenty of countertops is the heart of the main floor, while beyond the kitchen lies a dinette. Features of this main floor include nine-foot ceilings, a gas fireplace, soft corners and a plush 40 ounce carpet.

The second floor features extensive metal spindle railings and spacious hallways guiding you to three bedrooms and a

### Suite Talk

laundry room. The master bedroom is complete with a large walk-in closet and a full ensuite bathroom.

The benefits of this community extend past the front door. Enjoy the maintenance-free lifestyle at Creekside Village while the professionals maintain the fully landscaped grounds.

For more information on this or any other floor plan at Creekside Village contact Jerry at 780-467-3954, online at [creeksidevillage.ca](http://creeksidevillage.ca), or stop by the show home at 41 Summerwood Blvd., Sherwood Park.

METRO EDMONTON

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A selection of photographs of Fir at Creekside Village.

## Rich Dad's Solution to the Economic Crisis on Wall Street

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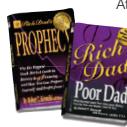
Robert Kiyosaki, author of the runaway bestseller *Rich Dad Poor Dad*, saw this crash coming **six years ago**. He wrote about it in his book, *Rich Dad's Prophecy*. That book not only said the biggest stock market crash in history was coming – it also outlined a **plan to prepare yourself and potentially profit from it**.

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Robert Kiyosaki will not attend this workshop.

## Poor budget, rich imagination

**BRIAN COULTON**  
for Metro Canada



**The mortgage crisis may have made home owning a buyer's market, but for many cash-strapped Canadians, that dwelling of their desire simply becomes a fixer-upper that never gets fixed.**

Enter Suzanne Schultz, financial planner and co-host of the new program *House Poor*, which premieres this Monday on HGTV.

The program sees Schultz along with contractor Frank di Leo help families in need of home renovation both understand the importance of advanced financial planning and receive the overhaul they can't afford.

Those profiled also have a chance to win \$10,000 to aid their financial future — \$5,000 if they complete Schultz' financial challenges, like creating a budget, and an additional \$5,000 if they compromise during the renovation to stay on budget.

"There are no other shows on HGTV that talk about the personal finance element of doing the renovation, and go beyond that to talk about saving money in your day-to-day household," said Schultz, who equates thrifty with



**House Poor**  
premieres  
Monday on  
HGTV

Suzanne Schultz and Frank di Leo.

trendy, due to the economic downturn. She thinks *House Poor* will be popular among a cross-section of homeowners because of the variety of incomes and types of family that seem to find themselves in the same situation. Despite their differences, she said the common denominator is none of them really have a clue where they're spending their money.

"They don't track it. They just spend it and, at the end of the month, they all know there's no money left over to do the renovation, but they're not sure why. That's where I come in," she said, "They're usually really surprised to find out where the money is going."

By understanding where

you're spending, Schultz said you can create a budget and more easily decide how to reallocate the funds, advice she recommends for viewers who see their circumstances reflected on the show.

Budgeting for the renovation itself is also essential, said Schultz, instead of haphazard buying, which often results in little long-term progress.

"If you start at the beginning with a set dollar figure you're aiming toward, then shop around and do your research, you'll be really surprised how you can complete your room on a strict budget."

## Homes in Style

Cacti are the perfect dorm room plant; they can go without water for a long time, even during Christmas and spring breaks. [Urban Barn](http://UrbanBarn.com), set of four \$24, [urbanbarn.com](http://urbanbarn.com).



# Dorm outside the norm

EMMA YARDLEY  
for Metro Canada

You've been in your new dorm room for a couple weeks now but your home away from home is the furthest thing from homey. The walls are bare and, besides the textbooks, your shelves remain empty.

The dorm rules on decorating are strict and money is tight but it's possible to turn this strange room into your room without ever having to bang a nail or blow your student loan on room accessories.

Double-sided tape and hooks are a great option for hanging posters and pictures; throwing down a small bright rug adds instant warmth (and covers up old stains!); and getting coat hooks that hang over the back your door keeps you from drilling any holes. Remember, this small space has to be your bedroom, study and storage room for a year!



Floor space is limited. Tucking your shoes into a closet hanger makes a lot of sense. [Canadian Tire](http://canadiantire.ca), \$12.99, [canadiantire.ca](http://canadiantire.ca).



The desk is barely big enough to hold your laptop, so keeping it tidy is more important than ever. [Leather Desk Accessories](http://homese.com), \$12.99 (box) and \$16.99 (organizer), [Homese](http://homese.com), [homese.ca](http://homese.com).



In such a small room, it's important to make use of all available space. Stack your extra stuff into storage boxes and slip them under the bed for easy access. [KAJSA](http://ikea.com), \$14, [Ikea](http://ikea.com), [ikea.com](http://ikea.com).



A classic white bulletin board provides you with a place to pin your new class schedule and Polaroid pics of your friends back home. [Homese](http://homese.com), \$29.99, [homese.ca](http://homese.com).



Since you're not allowed to burn scented candles, a diffuser is an elegant alternative to cover up that odd funk coming from down the hallway. [Crabtree & Evelyn](http://crabtreeandevelyn.com), \$50, [crabtree&evelyn.com](http://crabtreeandevelyn.com).

Making your tiny bed as comfortable as possible should be a high priority. [Printed pillows](http://choicehome.ca), \$9.99 (small) and \$12.99 (large), [President's Choice Home](http://choicehome.ca), [home.pc.ca](http://choicehome.ca).



They're easy to stick on and even easier to peel off, Snap removable wall art brightens up a boring corner without breaking any of the rules. [The Home Depot](http://homedepot.ca), \$29.99, [homedepot.ca](http://homedepot.ca).



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British designer Jonathan Saunders swapped his signature geometric prints and concentrated on colour this season at London Fashion Week. Most of the clothes were ready to wear. **THE ASSOCIATED PRESS**

# Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA



## The in crowd

The Burberry crowd included Oscar-winning actress Gwyneth Paltrow (left), Harry Potter star Emma Watson (far left), former Spice Girl Victoria Beckham, American Vogue editor Anna Wintour, Slumdog Millionaire stars Dev Patel and Freida Pinto and Business Secretary Peter Mandelson, a prominent member of the British government known for his snappy dress.

THE ASSOCIATED PRESS

# A triumphant return

Beige and pales dominated London Fashion Week's Burberry show



London's Burberry runway show had just enough plaid to keep traditionalists happy.

**Burberry and its creative director Christopher Bailey made a triumphant return to London this week, winning over a star-studded audience at the glitziest event of the capital's fashion week.**

Bailey, who has helped transform the once staid brand into a fashion powerhouse, showed a series of short dresses, including many with a trench coat theme familiar to longtime fans of Burberry.

There was just enough of the traditional Burberry plaid to keep traditionalists happy, while younger fans were drawn to the soft, sexy lines of the dresses, most of them in beige (long associ-

ated with Burberry) and pale greens and yellows.

"I thought it was beautiful, and very poetic," said Hilary Alexander, fashion director of The Daily Telegraph newspaper. "The heritage was there, but it was like a ballet, a dance."

Bailey used sequins and bright metallic silver fabric to set off some of his jackets and tops, adding glitter to the look, and also used padded shoulders for emphasis on several of the combination trench-dresses that were an important theme of the show.

Belts were used for shape, and the models looked extremely feminine, their long flowing hair and natu-

ral makeup bucking a trend toward androgyny seen in other shows this week.

The Burberry show was one of the largest and most eagerly anticipated of London Fashion week, and the crowd arrived early to sip champagne or elderflower coolers on the steps of the Chelsea College of Art and Design near the River Thames. Harold Tillman, chairman of the British Fashion Council, said the week has been a tremendous success, with large crowds filling many shows. He said the trend toward prints had been noticeable.

"There have been so many good, good shows," he said. "There are great designers, showing freshness, fearlessness. It's so exciting, it really is."

Burberry chief executive office Angela Ahrendt said before the show began that it was an honour to be back on the catwalks in London, where the company has long been based.

"It's a phenomenal honour," she said, gesturing to

the gathered crowd. "We are a British brand. For Christopher Bailey, who's British, he can finally come home and share his talent with the rest of the country.

THE ASSOCIATED PRESS



ALL PHOTOS BY GETTY IMAGES

Younger Burberry fans were drawn to the spring /summer 2010's sexy dresses in beige and pale greens and yellows. The familiar trench coat theme (left) was also prominent.

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\*See [visaperks.ca](http://visaperks.ca) for full terms and conditions. Visa claim based upon global number of general purpose cards, number of transactions and purchase volume.

## Ankles: The newest male erogenous zone

**TREND** For gentlemen seeking a quick and free fashion makeover this fall, follow these simple instructions: Slip off shoes; remove socks; tuck them into briefcase or lunch box; roll pant hem up two to four inches. Put shoes back on.

The simple act of getting dressed up in trim slacks with classic footwear — without socks — is, in the saturnine world of men's fashion, a big deal.

Certainly we've seen the "no socks" trend before — back in the '70s and usually on overly tanned Hamptons-style prepsters, who wore their boat shoes or

stylized loafers without socks.

It's different this time as the new male erogenous zone is accentuated by tailored trousers and traditional footwear — clunky brogues, function-first desert boots or old-school penny loafers.

It's all part of a larger movement in men's fashion that hipsters have labelled "trad" — short for traditional, but accentuating the "rad" element as well.

The trend can be connected to any of the "natty" related styles that are influencing men's fashion today.



RICHARD DREW/THE ASSOCIATED PRESS

## RunwayBeauty

### Ashley Rebecca

Read the blog at [metroneWS.ca/blogs](http://metroneWS.ca/blogs)

TORSTAR NEWS SERVICE

# THE REBEL JACKET

**ADVICE** This season, there are two style options: worn-in vintage, for a biker or rough-edged look, or sleek urban in polished, glossy leather. When buying a leather jacket, make sure that it's properly tailored for a good fit and that the seams don't pucker or pull.

**HOW TO WEAR IT** Versatile and easy. Pair it with slim pants and chunky jewellery for day or with a soft, romantic dress and platform booties for night.



Leather jacket,  
Roots (\$458,  
[canada-roots.ca](http://canada-roots.ca))



Leather jacket, Cassis  
(\$399,  
[cassis.com](http://cassis.com))



Leather jacket,  
Danier (\$299,  
[danier.com](http://danier.com))



Faux-leather jacket,  
Aldo Accessories (\$98,  
[aldoaccessories.com](http://aldoaccessories.com))



Leather jacket, Bedo  
(\$298, [bedo.ca](http://bedo.ca))

Top \$6.95

STUDIO ANDRÉ ROYON

To read these stories and more, visit: [ellecanada.com](http://ellecanada.com)

## Friday, September 25<sup>th</sup> Muttart Conservatory

The newly renovated Muttart is transformed into a fun casino with games, food, cash bar and much more.

**Tickets 2 for \$90**

(\$1000 in fun money, \$45 tax receipt & souvenir photo)

CANADIAN LIVER FOUNDATION'S  
**MASQUE**

Order today (some tickets available at the door)  
Phone: Carmen @ 780-444-1547

Though he plans to chronicle his weight loss on his own reality TV show, overly plump Kevin Federline will be appearing on the next season of VH1's *Celebrity Fit Club*. **METRO NEWS SERVICES**

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## Prinze Charlotte

Freddie Prinze Jr. and Sarah Michelle Gellar welcomed a baby girl, their first child, according to *People*. Charlotte Grace Prinze was born Saturday in Los Angeles.

METRO WORLD NEWS



\*\*\*\*\* A CLASSIC; \*\*\*\*\* EXCELLENT; \*\*\* GOOD; \*\* FAIR; \* POOR

# Queen crafts a new Persona

### Queen Latifah

Album: *Persona*  
Label: Flavor Unit  
Rating: \*\*\*\*



**IN A PERFECT** world, Queen Latifah doing a new hip-hop album

would be a welcome return to form. But on her latest effort, the Oscar-nominated CoverGirl seems obligated to keep up her level of mass appeal. On first song *The Light*, the Queen manages to strike a balance between her pop celebrity and hardcore MC roots with a humble but inspirational track about how she made it. But after a cameo from the reliably goofy Missy Elliot, the mostly

Cool & Dre-produced *Persona* backsides into an album of shmaltzy Jordin Sparks-inspired back-ground music.

Jason Richards/for Metro Canada

### Pearl Jam

Album: *Backspacer*  
Label: Moneywrench Records/  
Universal  
Rating: \*\*\*\*

**IF SOMEONE** SAID 15 years ago that Pearl Jam would one day be a power pop band, they would have been laughed out of the room. But that's exactly what these grunge legends have become. No, they're not the next Fall Out Boy, but these are



GETTY IMAGES

some of the most upbeat pop tunes the group has ever written. And that's not a bad thing. The tracks are catchy and succinct — the rollicking Supersonic clocks in at under three

minutes — but they still maintain that classic PJ feel. It's a real testament to their talent that the band can still be this good nearly two decades after Ten.

Bryan Borzykowski/for Metro Canada

### Three Days Grace

Album: *Life Starts Now*  
Label: RCA/Sony  
Rating: \*\*\*\*



**THIS ALBUM** BY is a microcosm of everything that is wrong with mainstream radio rock. Slick production seems to bleed every bit of life out of songs that had little to begin with. Meaningless guitar solos fail to fill the void left by plodding chord progressions. Adam Gontier's forced and overwrought vocals do little to add believability to the contrived lyrics. "Living in a shell with no soul," Gontier pines on *World So Cold*. Gontier's own words are an apt de-

### Music Reviews

music@metroneWS.ca

scription for the kind of lifeless tracks *Three Days Grace* has released after a lengthy absence from the charts.

Graham Rockingham/for Metro Canada

### Champion

Album: *Resistance*  
Label: Saboteur/MapleMusic  
Rating: \*\*\*\*



### DJ CHAMPION

**IS** the stage name of Montreal electro wiz-ard Maxime Morin. His genius lies in the way he weds electronic dance beats with fiery layers of rock guitar and blues-based vocals and lyrics. With the help of a strong supporting cast that includes four backing guitarists and vocals by Pierre-Philippe Cote and Bonnie Zehavie, the result is surprisingly accessible. The title track with its danceable chorus, seductive hook and coquettish flirtation with the darkside could easily be a pop-rock hit. Morin throws in the seven-minute instrumental *Plastiques et Metaux* to maintain his underground electro cred.

### Mika

Album: *The Boy Who Knew*  
Label: Universal  
Rating: \*\*\*\*



### WHEN MIKA EXPLODED

onto the world's music stage in 2007, his Elton John-meets-Freddy Mercury sound got a lot of people excited. Those fans will love his new record — it's filled with the same over-the-top instrumentation and grandiose vocals. There's no doubt the disc will be jarring for some — the saccharine melodies are sometimes hard to digest — but it's impossible to deny that songs like *Blame It On The Girl* and the electro disco track *Rain* aren't fun.

Bryan Borzykowski/for Metro Canada

### critics' corner

#### Grey's Anatomy

Apart from the title — "Good Mourning; Goodbye" — little confirmed information has been released for this two-hour, sixth-season premiere episode, although Izzie (Emmy winner Katherine Heigl), who underwent risky surgery at the end of last season, is back, as are the other mainstays apart from George (T.R. Knight) — dead, you know. Jessica Capshaw is promoted to series regular as Arizona, Callie's (Sara Ramirez) romantic interest. 8 PM on CCRN



#### Doc Zone

Now this is a cold war. The documentary "Battle for the Arctic" details the competition between Canada and Russia for the rights to the resources of the world's northernmost territory. With rich reserves of oil and gas, the stakes are high. Russia has planted a flag on the ocean floor, a symbolic gesture, while Canada is going with a real one: a military base in Resolute Bay. 9 PM on CBST

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/24/09	2	CFRN	239 318	The Vampire Diaries (N)	Grey's Anatomy 'Good Mourning; Goodbye' (N)	CSI: Crime Scene Invstgtn.	CTV News					
	3	KHO	- 370	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	SNL Update	Parks-Recreat	The Office (N)	Community (N)	Jay Leno Show
	4	CBXT	- 307	Wheel-Fortune	Jeopardy! (N)	Pedal Power (HDTV) (N)	Doc Zone	CBC News: The National	The Hour			
	6	KREM	- 372	News	Hollywood	The Doctors (N)	Survivor: Samoa (HDTV)	30 Rock	Parks-Recreat	30 Rock	Community (N)	Your City
	7	CKEM	241 347	Law & Order: SVU	The Jay Leno Show (N)	Entertainment	Survivor: Samoa (N)	30 Rock	Parks-Recreat	The Office (N)	SNL Update	News Hour
	8	CIVT	240 339	ET Canada	Entertainment	90210 (HDTV) (N)	FlashForward (N)	30 Rock	Parks-Recreat	30 Rock	Community (N)	Metropia
	11	OMNI	-	The Office	The Simpsons	Omni News: S. Asian Edition	FlashForward (N)	Grey's Anatomy (N)	Grey's Anatomy (N)	Grey's Anatomy (N)	SNL Update	
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	Entertainment	Survivor: Samoa (N)	Survivor: Samoa (N)	Survivor: Samoa (N)	Community (N)	
	16	KAYU	- 373	The Office	Raymond	Two/Half Men	Two/Half Men	Bones (HDTV) (N)	Bones (HDTV) (N)	Fringe (HDTV) (N)	News	
	22	KSPS	- 374	NewsHour With Jim Lehrer	Wolves in Paradise	Casebook-Sherlock Holmes	Casebook-Sherlock Holmes	MI-5 "The Special"	MI-5 "The Special"	MI-5 "The Special"	Soundstage	
	24	WTVS	- 364	PBS Special Report on Health Care Reform	Michigan	Red Green	Being Served	Tavis Smiley	Tavis Smiley	Tavis Smiley	Charlie Rose (N)	
	15	CBCN	502	-	CBC News: The National	The Nature of Things	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	Nature-Things	
	21	TWN	505 398 (5)	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch Two					
	27	CNN	500 500	Larry King Live	Anderson Cooper 360 (HDTV)	Larry King Live	Larry King Live					
	54	CTVN	501 391	CTV News Tonight	News	CTV News	News					
	70	BNN	504 508	Squeeze Play	Business News	Commodities	Market Call Tonight	Headline	Commodities	Squeeze Play		
	20	TSN	400 400	NHL Preseason Hockey: Oilers vs. Lightning	SportsCentre	2009 World Series of Poker	2009 World Series of Poker					
	23	net	408 418	MLB Baseball	SportsNet Con.	SportsNet Con.	The Pen	MMA Conn	SportsNet Connected	SportsNet Connected	MMA Conn	
	47	SPEED	417 406	Jacked!	Jacked!	Wrecked	Wrecked	Pimp My Ride	Pass Time	Punks - All Out (HDTV)	Jacked!	
	94	SCORE	410 403	(5:30) College Football	Mississippi at South Carolina. (Live)	Score Now	Score Now	Score Now	Score Now	Score Now	Score Now	
	9	EDAC	267 551	Alberta Primetime (Live)	So You Think You Can Dance	FlashForward (N)	FlashForward (N)	Fringe (HDTV) (N)	Fringe (HDTV) (N)	Fringe (HDTV) (N)	Frime	
	14	YTV	552 543	ICarly	ICarly	Drake & Josh	Drake & Josh	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	17	TREE	553 546	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-Lan	Go, Diego, Go!
	42	TOON	555 545	Jimmy Two	Jimmy Test	Stoked (N)	Total Drama	Majority Rules	6TEEN (N)	Futurama	King of the Hill	Futurama: Ben
	45	FAM	557 541	Zoey 101	Life Derek	Wizards-Place	Wizards-Place	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	-	TVA	121 714	TVA nouvelles	Le Cercle (SC)	La Fievre de la danse (SC)	Dieu Merci (SC)	Jean-Marc Parent				
	18	CMT	575 583	According-Jim	According-Jim	Home Improve.	Home Improve.	Karaoke Star "Ottawa"	Reba	Reba	Reba	TVA nouvelles
	25	A&E	615 520	The First 48 (HDTV)	The First 48 (HDTV)	Crime 360 (HDTV)	Crime 360 (HDTV)	The First 48	The First 48	The First 48	The First 48	
	26	MM	571 581	Wild 'n Out	Wild 'n Out	I'm Going to Tell You a Secret						
	29	FOOD	603 561	Perfection	Perfection	Ace of Cakes	Ace of Cakes	Family	Family	Unwrapped	Unwrapped	Perfection
	31	SHOW	617 522	Trailer Park	Trailer Park	The Outer Limits	Da Vinci's City Hall			The Best Years (DVS)	Bones	
	32	DISC	520 505	Pig Bomb	Pig Bomb	MythBusters	Daily Planet			Bear Feeding Frenzy	Pig Bomb	
	33	SLICE	601 562	X-Weighted	X-Weighted "Heather"	ET Canada	What Happen?					
	34	W	602 567	House	Style by Jury	Old Christine	Friends	Confidential	Confidential			
	35	TLC	521 560	Police Women of Broward	LA Ink "LA Pink" (N)	Police Women of Broward	LA Ink "LA Pink" (HDTV)	Police Women				
	36	BRAVO	620 523	Prom Wars (2008, Comedy) Ricky Ullman, Alia Shawkat.	Law & Order: SVU	Good Will Hunting *** (1997, Drama) Matt Damon, Robin Williams.	Law & Order: SVU	Without a Trace	Just Looking			
	38	SPIKE	628 584	TNA Wrestling (HDTV) (N)		The Ultimate Fighter (HDTV)	MANswers	GameTrailers	MANswers			
	39	AMC	-	(6) Top Gun *** (1986, Adventure)	Commando *** (1985, Action) Arnold Schwarzenegger.			The Delta Force (1986)				
	40	HIST	522 506	Underworld Histories	Life After People (N)	Blow Down (HDTV)	M'A'S'H	M'A'S'H	Discoveries			
	41	COM	626 547	Just for Laughs	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Hot Box	
	43	SPACE	627 528	Lara Croft Tomb Raider: The Cradle of Life *** (2003, Adventure)				Stargate SG-1	Star Trek: Next Gener.			
	44	WPCH	624 650	Law & Order: SVU					The Office	Good Will Hun.		
	46	OLN	411 457	Survivorman	Ghost Hunters	Bounty Hunter	Bounty Hunter	Bounty Hunter	Survivorman			
	48	TROP	619 525	Bob & Doug	Bob & Doug	Seinfeld	Seinfeld	Stunt Stars	ET Canada	TV Made, Do It	Family Guy	
	50	STAR	621 527	The View (HDTV) (N)	The Dr. Oz Show (N)	TMZ	etalk	Hollywood	Extra	Dr. Oz Show		
	52	HGTV	600 564	Disaster DIY	Big Amazing	House Hunters	House Hunters	Holmes on Homes	Disaster DIY	Big Amazing	Handyman	
	65	TLN	700 800	(6) Doppia Indagine	George Lopez	George Lopez	George Lopez	George Lopez	Raymond	Paid Program	Paid Program	
	92	APTN	269 350	Wapros Bay	By the Rapids	Rez Rides	Moose TV	Hardball * (2001, Drama) Keanu Reeves, Diane Lane, John Hawkes.				
	93	VISION	261 394	Robin Hood *** (1991, Adventure)	Patrick Bergin, Uma Thurman.	Recreat. Eden		Robin Hood: Men in Tights *** (1993)				
	100	MTV	581 566	Fantasy Fact	Bea	Bea	Bea					
	101	MM	570 580	Dance	Dance	Love Court	Instant Star	One Tree Hill	So You Think You Can Dance Canada			
	102	COPAC	512 396	(6:30) Primetime Politics		Tete a Tete	The Public Record	Prime-Politics	Primetime Politics			
	103	VIVA	526 507	The Closer	Da Vinci's Inquest	Psychic Inv.	Encounters	Judging Amy		Missing		
	106	RDI	126 730	Le Téjournal (SC)	RDI économie	Le National	Le Téjournal (SC)	24 Heures en 60 minutes	Le Téjournal			
	161	SUPER	-	(The Secret Life of Bees *** (2008, Drama)		War, Inc. *** (2008, Comedy) John Cusack.			Baghead			

Listen to this week's reviewed music at [metroneWS.ca/music](http://metroneWS.ca/music) 

## Ahoy Matey!

The Edmonton Queen Kids' Pirate Cruise Adventure sets sail on Sunday with treasure hunts and crafts. There's a chest full of treasure to claim and specials on the finest riverboat grub. This is the last adventure of the year — call 780-424-BOAT (2628). **METRO NEWS SERVICES**

## Urban Foodie

INSPIRED; VERY GOOD; PALATABLE; HO-HUM; NEVER AGAIN

# Diner is not only Urban, but urbane

CHRISTOPHER THRALL  
EdmontonUrbanFoodie@gmail.com

**Urban Diner**  
12427 – 102 Avenue  
780-488-7274  
urbandiner.com

**Signature Lunch Drink:**  
Chai Milkshake (\$5.50)  
**Signature Lunch Dish:**  
Frittata with Diner Potatoes (\$10.50)  
**Rating:**   
**Lunch & drinks for 2:** \$45

In your mind, you can imagine an "urban diner"

perfectly: Dark wood furniture, supple leather booths, light mocha walls and hardwood floors. Room, furniture and food are exactly what you imagine from the name on the sign.

The Saturday lunch menu includes salmon burgers and huevos with vegetarian chili, all enhanced with subtle, urbane touches. For example, my meatloaf sandwich (\$11.95) featured not only a hefty slab of delicately-flavoured meatloaf, but also roasted garlic aioli and

## On the web

- Get recipes and more great food content at [metronews.ca/food](http://metronews.ca/food)

sharp aged cheddar on thick slices of marble rye bread. Cranberry chutney infused each bite with savoury Thanksgiving memories.

Instead of cole slaw (good) or fries (great), I chose the feature soup: An Italian sausage and mushroom gumbo (out-friggin-standing). The piping hot

bowl of spicy tomato goodness was packed with thick pieces of sausage, whole mushrooms and chunks of fresh vegetables. I soothed the spiciness with my creamy wildberry milkshake (\$5.50), made out of their homemade jam and topped with real whipped cream.

With all prices under the \$15 mark, Urban Diner combines the best of "greasy spoon" and elegant bistro for a terrific casual date night. However, it's an even better morning-after treat.



Meatloaf Sandwich with Sausage and Mushroom Gumbo (\$11.95).

## Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out [metronews.ca/globalpeasant](http://metronews.ca/globalpeasant) for a recipe on Girlie Hummus, with arugula and nasturtium blossoms



## Dining out

### GRAZE AT HARDWARE GRILL

Not only will Hardware Grill be open for lunch starting in October, but starting next week it will offer a \$35 appetizer, dinner and dessert "grazing menu" from 5 to 6:30 p.m. to help people get out to the show.  
[hardwaregrill.com](http://hardwaregrill.com)

**LOUISIANA JAMBALAYA** Every Monday and Tuesday evening, Louisiana Purchase offers a heaping plate of their famous Jambalaya — packed with ham, chicken and smoked sausage simmered with peppers, tomatoes and rice — for just \$7.95. [louisianapurchase.ca](http://louisianapurchase.ca)

## In brief

**ONE POTATO, TWO POTATO** The Edmonton Potato Growers and the Greater Edmonton Alliance have teamed up to offer the Great Potato Giveaway on Saturday. From 9 a.m. to 4 p.m., everyone is invited to harvest up to 50 lb of free potatoes out of the 100,000 lb available at Norbest Farms. Turn east off Manning Freeway at 195 Street.

**FOOD, WINE, BEER** Tickets are available for under \$20 to the Edmonton Rocky Mountain Wine & Food Festival Nov. 5-7 at the Shaw Conference Centre. In its eighth year, the festival features over 140 vendors with wines, spirits, beer and samples from some of Edmonton's finest restaurants and hotels. [rockymountainwine.com](http://rockymountainwine.com).

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shop

Edmonton  
Edmonton City Centre  
Kingsway Garden Mall  
Londonderry Mall  
Millwoods Town Centre  
West Edmonton Mall

Red Deer  
Bower Place

(1) No purchase necessary. Contest ends October 1, 2009. See [buildabash.ca](http://buildabash.ca) for Contest Rules.

BUILD-A-BASH AND WIN!<sup>1</sup>

Enter PE0E9E8 at [buildabash.ca](http://buildabash.ca) for points towards a koodo-rific party.



**This Angel hasn't departed for the heavens yet**  
Jaclyn Smith wants you to know that she is alive. The Charlie's Angels star took to her Facebook and Twitter to deny reports that she had shot herself in Honduras, People reports. METRO NEWS SERVICES

## Celebrity Buzz

### Woody's secret skin weapon

#### REASONS TO GO VEGAN

Woody Harrelson is a proud vegan, but it turns out his reasons for taking up the lifestyle weren't purely based on principle. "I was about 24 years old, and I had tons of acne," he told Maxim magazine. "I met some random girl on a bus who told me to quit dairy and all those symptoms would go away three days later. By God, she was right."

METRO WORLD NEWS



### I'm a nudist, Tyra confesses

#### AT PEACE WITH HERSELF

Model and talk show host Tyra Banks loves being naked. "I always feel great when I don't have clothes on," Banks told Larry King. "Unless the lighting is bad in

the dressing room."

Banks also insists that while she has enjoyed her talk-show success, she is not trying to be Oprah Winfrey. "If I tried, I would fail," she said.

METRO WORLD NEWS



YOU COULD WIN



IN THEATRES OCTOBER 2

### A PAIR OF PASSES TO A SCREENING OF THE INVENTION OF LYING!

6 LUCKY WINNERS WILL EACH WIN A \$100 SPA GIFT CERTIFICATE!

ENTER FOR YOUR CHANCE TO WIN! metronews.ca

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes September 28, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit [www.metronews.ca](http://www.metronews.ca)

metro

### Hayden attends School of Life

#### SHE DON'T NEED NO BOOK LEARNIN'

Hayden Panettiere has ruled out a college education — insisting she's had her own "learning experience" growing up in Hollywood, femalefirst.co.uk reports.

The 20-year-old, who plays a college student in the sci-fi TV series Heroes, wanted to attend university when she was younger but admits landing the hit show changed her mind.

Now Panettiere says pretending to be a student is enough, because she's grown up quickly in Hollywood.

She says, "I always wanted to go to college (but) the show happened to start in a pretty pivotal period, when you have thoughts of going to college. It was just

such a success and it is what I love to do.

"I would love to take some classes that I really enjoy, but I think college is a learning experience for yourself as a person and (it's about) being on your own for the first time."

METRO NEWS SERVICES



### Mischa's not in Kansas anymore...

**THE WRONG RED CARPET** A confused Mischa Barton headed out to the opera in New York recently but ended up at the nearby premiere for Michael Moore's documentary Capitalism: A Love Story instead.

"Mischa showed up and was asking for tickets. She started walking the red carpet," a source told Page Six. "She took one look around and realized she was in the wrong place."

METRO WORLD NEWS



### My bully godmother Amy

#### OVERPROTECTIVE?

Amy Winehouse screamed and spat at a young teenager she believed was bullying her goddaughter, femalefirst.co.uk reports.

The singer reportedly stormed to London's Southgate school on

Monday to confront a pupil who had been tormenting 13-year-old Dionne Bromfield.

A source said: "Amy began hurling abuse at the young accused bully and began spitting at her."

Celebrity gossip blog I'm Not Obsessed added: "Amy's tirade did not stop there, as witnesses say

that the 26-year-old then went on to shout at a group of Dionne's fellow students."

A passerby managed to calm Winehouse down and stopped the altercation. The singer then agreed to sign autographs before leaving the school.

Winehouse is preparing to release Bromfield's debut album on her own label Lioness Records.

METRO WORLD NEWS

### Penelope pregnant?

#### ADDING FUEL TO THE FIRE

Penelope Cruz was spotted leaving an OB/GYN office in Madrid with boyfriend Javier Bardem, sparking rumours that she's expecting, Hollyscoop reports.

The actress has denied that she's pregnant, even storming out of an interview last week when the topic came up.

METRO WORLD NEWS

### Parkers plan second vows

#### LOST IN LA-LA-LAND

Eva Longoria Parker wants to marry husband Tony Parker again because her memory of their wedding is so hazy, femalefirst.co.uk reports.

The actress walked down the aisle with the basketball player in July 2007, but because her memory of their nuptials in France is so surreal, she wants to renew their vows in a smaller ceremony.

She says, "Our

wedding went by so fast and, with the frenzy surrounding it, it felt like an out-of-body experience.

"We want to do it again — something a bit more intimate — because we love being married," she said. "It gets better every day. I know it's clichéd but it's true."

METRO NEWS SERVICES



### Celebrity tweets

**Rob Thomas** has trouble with the weather in his home state, Taylor Swift feels just fine about her fashion choices, Jon Favreau celebrates Rosh Hashanah, and Demi Lovato would rather not be awake.



• **@ThisIsRobThomas** i forgot how oppressively hot florida can get. the humidity goes through your clothes and into your soul.

• **@taylorswift13** I'm wearing argyle socks. It's going really well, I think I'll do it again sometime.

• **@Jon\_Favreau** Happy New Year! Let's make 5770 count!

• **@ddlovato** It's raining, it's pouring, I wish I was snoring.....

METRO WORLD NEWS



# Rise Up Edmonton

Cora Breakfast and Lunch is coming to Edmonton

Join us for Cora's Grand Opening on Monday September 28<sup>th</sup> at 2920 Calgary Trail North West



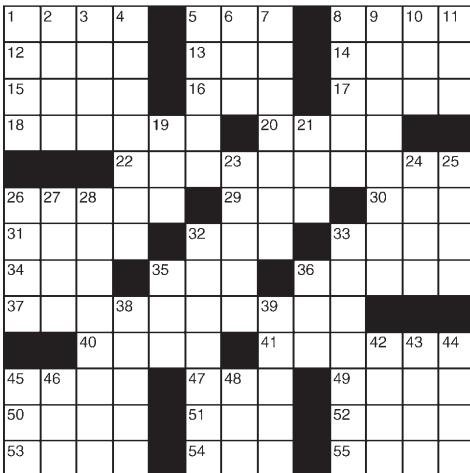
**cora**

Breakfast and Lunch

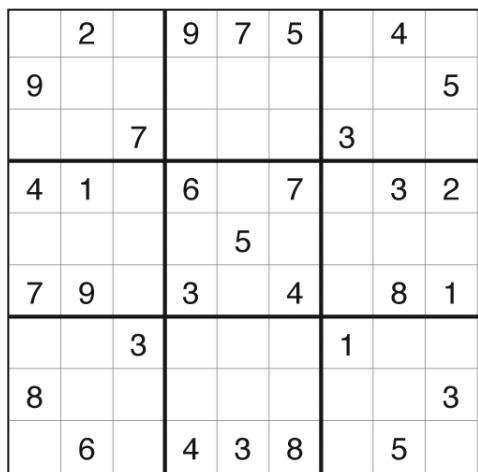
**Michele McDougall, Weather Specialist & Host — Breakfast Television**

'My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes.'

WEEKDAYS AT 6 A.M.

**Sudoku**For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**Horoscopes by Sally Brompton** [sallybrompton.com](http://sallybrompton.com)**ARIES****MARCH 21-APRIL 20**

Everyday chores may be a pain but Mars will come to your rescue today. Whatever challenges you're called on to face, you will handle them all with ease.

**LIBRA****SEPT 23-OCT 23**

No matter what mishaps and misunderstandings there may be in other areas of your life, relationships are going rather well at the moment.

**TAURUS****APRIL 21-MAY 21**

Creatively and romantically this is one of the best times of the year, but it could be better still if you stopped thinking of everyone as a potential rival.

**SCORPIO****OCT 24-NOV 22**

You don't have to be a saint but you do have to realize that no matter what your problems may be most people would happily trade places with you.

**GEMINI****MAY 22-JUNE 21**

Life is always fun for those born under the sign of the twins, and even more so now. So don't waste time worrying; your only duty is to be happy.

**SAGITTARIUS****NOV 23-DEC 21**

The sun in the friendship area of your chart makes it easier to reach goals that depend on others. Being a team player will bring many benefits.

**CANCER****JUNE 22-JULY 22**

Both at home and at work you are more likely to learn things to your advantage if you use your mouth less and your ears more.

**CAPRICORN****DEC 22-JAN 20**

Be pleasant to people today. The more you smile and act in a non-threatening manner the more likely it is that important people will look on you kindly.

**LEO****JULY 23-AUG 23**

Your taste for luxury is legendary, but you will cut back on the good life today as you look around for ways to boost your income.

**AQUARIUS****JAN 21-FEB 18**

You will make quick work of whatever challenges crop up today — then you can turn your attention to more enjoyable things.

**VIRGO****AUG 24-SEPT 22**

Looking back a few weeks from now you'll be astonished how much time you wasted on trivial things. Get your act together, and start moving forward.

**PISCES****FEB 19-MARCH 20**

As Mercury is still moving retrograde you are advised not to trust what you are told by people who may, or may not, have an agenda of some kind.

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[www.globaltesol.com](http://www.globaltesol.com)**Take Five****Metro Recipe of the Day**

GENEVA WESTORE

**Rosemary Oven Roasted Potato Chips**

Submitted by Irene Leung, Port Dover, Ont.

**INGREDIENTS:**

2 medium sized potatoes  
2 tbsp olive oil  
1 tsp coarse salt  
2 tbsp fresh rosemary leaves, roughly chopped  
Pepper to taste

**METHOD:**

- Wash potatoes and chop the rosemary.
- Slice the potatoes into thin rounds using a mandolin (if one isn't available, use a vegetable peeler).
- In a large bowl, mix the oil, rosemary leaves, salt and pepper and toss the potato slices until coated.
- On 2 baking sheets lined with aluminum foil for easy clean up, spread the potatoes in one layer and bake in a preheated oven at 350 F for about 5 minutes.
- Flip the potatoes onto the other side, switch the position of the baking sheets on the oven shelves and bake for another 5 minutes.
- Check to see if the potatoes have browned on both sides. Then repeat the turning-potatoes-and-alternating-the-sheets step, and bake for another 5 minutes or so until potatoes are golden brown and somewhat crispy on the outside.
- Serve as a snack, or on the side with a hamburger or another main meat dish.

**SERVES 2****PREP TIME: 5 MINUTES****COOK TIME: 10 MINUTES****20 minute SUPPER CLUB**

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